



DEPARTMENT OF THE NAVY

COMMANDING OFFICER
NAVAL AIR STATION
700 AVENGER AVENUE
LEMOORE, CALIFORNIA 93246-5001

NASLEMINST 5100.20B CH-3
066

28 AUG 1997

NAS LEMOORE INSTRUCTION 5100.20B CHANGE TRANSMITTAL 3

From: Commanding Officer, Naval Air Station, Lemoore

Subj: TOBACCO USE PREVENTION PROGRAM

Encl: (1) Revised page 2 of the basic instruction.

1. Purpose. To transmit change transmittal 3 to the basic instruction.

2. Action

a. Page 1, reference list, add "(c) SECNAV 212138Z OCT 93 (ALNAV 131/93)", below ref: (b).

b. Remove page 2 of basic instruction and replace with enclosure (1) of this change transmittal.


L. D. CHILDRESS

Distribution: (NASLEMINST 5215.2V)
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NASLEMINST 5100.20B CH-2
066

23 MAY 1996

NAS LEMOORE INSTRUCTION 5100.20B CHANGE TRANSMITTAL 2

From: Commanding Officer, Naval Air Station, Lemoore

Subj: TOBACCO USE PREVENTION PROGRAM

1. Purpose. To issue a pen and ink change to the basic instruction.
2. Action. Make the following pen and ink change: Page 2, paragraph 7a(5), change to read, "Restrictions specific to the use of smokeless tobacco products shall be: Spitting tobacco will be prohibited during briefings, meetings, classes, formations, inspections, during watch, and in all other situations not listed above where decorum is required."


G. C. WOOLDRIDGE

Distribution: (NASLEMINST 5215.2U)
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NASLEMINST 5100.20B CH-1

066

AUG 16 1994

NAS LEMOORE INSTRUCTION 5100.20B CHANGE TRANSMITTAL 1

From: Commanding Officer, Naval Air Station, Lemoore

Subj: TOBACCO USE PREVENTION PROGRAM

1. Purpose. To issue pen and ink change to the basic instruction.
2. Action. Page 2, paragraph 7a(3) delete "with the exception of, NAS Lemoore CAAC lounge".

G. C. Wooldrige
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NASLEMINST 5100.20B
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IN REPLY REFER TO:

18 AUG 1993

NAS LEMOORE INSTRUCTION 5100.20B

From: Commanding Officer, Naval Air Station, Lemoore

Subj: TOBACCO USE PREVENTION PROGRAM

Ref: (a) DOD Directive 6015.18
(b) SECNAVINST 5100.13A

1. Purpose. To provide policy and program guidance, per references (a) through (c), on tobacco use prevention and cessation for military and civilian personnel aboard NAS Lemoore.

2. Cancellation. NASLEMINST 5100.20A

3. Applicability. This instruction applies to NAS Lemoore military personnel, civilian employees including nonappropriated fund employees, NAS Lemoore dependents and visitors. This instruction does not cancel or supersede other instructions where smoking is controlled because of fire, explosive, or other safety considerations.

4. Background. The Surgeon General of the United States has determined that the smoking of tobacco is the most preventable cause of illness and death. The Environmental Protection Agency states that involuntary/passive smoking poses a public health risk larger than the hazardous air pollutants from all industrial emissions combined. Medical evidence shows overwhelmingly, that the use of tobacco products adversely impacts on the health and readiness of our force. Tobacco use impairs such critical military skills as night vision and eye/hand coordination. It increases susceptibility to disease. It also impairs cardio-respiratory endurance, exercise tolerance, and stamina.

5. Policy. NAS Lemoore policy is to create a social environment that supports abstinence and discourages use of tobacco products, creates a healthy working environment, and provides smokers with encouragement and professional assistance to stop smoking. The objective is to establish appropriate protective measures to ensure a safe, healthy, unpolluted work and living environment. This instruction should not be interpreted as a requirement to stop smoking.

6. Social Environment. Creating a social environment that supports abstinence and discourages use of tobacco products shall include the following elements:

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a. Personal example by top leadership in the implementation and adherence to this instruction.

b. Emphasize tobacco use prevention guidelines during indoctrination/orientation training.

c. Provide general military training for all members on a regular basis regarding:

(1) Nicotine addiction and its negative impact on readiness.

(2) Health risks of tobacco use.

(3) Availability of assistance for non-tobacco use.

7. Measures to Ensure a Healthy Work Environment.

a. A non-smoking environment is the norm. Department heads will designate areas and circumstances in which smoking is permitted within the following guidelines:

(1) Every attempt should be made to make all spaces virtually "smoke-free". For example, areas outside of buildings (i.e., courtyards, terraces, etc.) will be the only location for smoking, for those who feel they must smoke.

(2) Those spaces designated as smoking areas are to have signs posted such as "DESIGNATED SMOKING AREA".

(3) The following areas are not to be designated as smoking areas: inside the confines of any building at NAS Lemoore.

(4) Smoking is not permitted while driving or riding in government-owned, leased or rented vehicles.

(5) Restrictions specific to the use of smokeless tobacco products shall be : Spitting tobacco will be prohibited during briefings, meetings, classes, formations, inspections, during watch, and in all other situations not listed above where decorum is required.

(6) All Combined Bachelor Quarters (CBQ) berthing spaces and buildings are nonsmoking. This includes all unaccompanied permanent party and transient enlisted and officer quarters. This nonsmoking policy applies to all rooms regardless of single or multiple occupancy. Smoking areas are designated outside of each building. This no smoking policy is in keeping with the CNO's policy to create a smoke free Navy.

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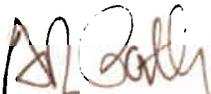
(7) Within medical treatment facilities the use of tobacco products is prohibited. The sale of tobacco products shall be prohibited in all medical and dental facilities.

b. In establishing and managing a smoking policy, attempts should be made to provide reasonable opportunities for smoking for those who choose to do so in well ventilated areas where non-smokers' environments are not infringed upon. Whenever it does not necessitate a facilities alteration or disrupt an organizational group, consideration should be given to moving personnel within assigned spaces to ensure there is at least one designated smoking area in reasonable proximity to employees who choose to smoke.

8. Professional Assistance. NAS Lemoore hospital shall provide to tobacco users encouragement and professional assistance to stop using tobacco products. While cessation programs shall encourage, care shall be taken to avoid coercion or pressure on personnel to enter these programs against their will. In addition, medical and dental health care providers shall:

a. Inquire about patient's use of tobacco use during the routine physical and dental examination, and advise tobacco users of the risks associated with tobacco use, the benefits of stopping and where to obtain assistance.

b. Advise all pregnant tobacco users of the health risks to the fetus and where to obtain assistance to stop smoking.


A. R. GORTHY

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